

PUG Instructions

Did you know we have step by step videos on our Facebook page?

Watch our '6 steps to prep' as well as 'PUG Playlist' videos for more info

1. Sanitise nails using The One Spray, push back the cuticles and buff the nails to remove all traces of shine.
2. Apply nail tips, cut and blend the tips or fit nail forms (optional step).
3. Apply PN Nail Prep to natural nail only. Wait for it to dry. (optional step)
4. Apply PN Sticky Bond sparingly to natural nail only.
5. Apply a base coat Gel (PUG Clear, Lastik or Stick 'n Float rubber base) over the entire nail. Do not touch the cuticle and side wall areas. Seal all sides of the free edge. Cure for 60sec.
6. Apply a second layer of Gel (PUG Clear, Builder Clear or any of the coloured PUG Builders). Pick up a moderate bead of Gel and start 1 mm away from the cuticle area. Place the Gel and apply in a floating manner over the nail. Seal all sides of the free edge and cure for 60sec.
7. Repeat with another layer of Gel if needed. Seal all sides of the free edge and cure for 60sec.
8. Remove the tacky layer with The One Spray and a PN Lint Free Wipe.
9. Use a File to file the nail to an even & smooth finish and then buff the nails with a buffer to remove any scratches.
10. Wash hands thoroughly to remove oil and dust.
11. Apply The One Spray to a nail wipe and sanitise the nails. The nail is now ready for its final layer of Gel (top coat) or Gel Polish Colour/ French look .
12. Apply Planet Gel Polish no-wipe Top Coat. Seal all sides of the free edge. Cure for 60 seconds under your PN Speciality Dual Cure Lamp.



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